

Effective  
Solutions to  
Empower Youth,  
Adults & Families



## LETTER TO OUR STAKEHOLDER

Dear Friend:

This was a milestone year given it is our 50th year of operations. We certainly have come a long way since that first halfway house in 1965. We took the year to celebrate our 50th anniversary with our staff and supporters. Two outstanding events – a 50th Anniversary Gala and an after party hosted by our Ambassadors Board – raised over \$600,000 for Camp Possible, a summer therapeutic camp for youth.

We have enhanced the business model for our behavioral health services with a focus on numerous quality improvement initiatives. These include same day access, collaborative documentation of clinical services, and an emphasis on length of care based on diagnosis. This along with a new electronic health record has been a major shift for our staff.

Highlights in FY 2016 include:

- Affiliating with Council on Child Abuse (COCA) which expands our child abuse prevention and bullying services and provides a closer alignment with our school based services.
- Opening our first Deaconess Health Check. This integrated primary care clinic will be the model for integrating behavioral and primary health care at our outpatient sites to improve clients' health status.
- The Fatherhood Project was awarded a \$1.7 million federal grant over five years.
- Our Center for Health and Human Services Research continues to provide excellent studies, data and research so

we can learn what works and put that into practice to improve the quality of care around health issues that include the opiate epidemic and children's mental health.

- Opening three recovery homes in Hamilton and Brown counties, providing 25 sober living beds.
- Serving 800 Summer Youth Employment Project clients through October 2015.
- Adopting a new three year strategic plan to guide us through June 2019.

We are staying the course with our emphasis on continually improving quality of care, access to care, and strong financial performance. In doing so, we will continue to meet the needs of our clients, their families and the community.

We served over 36,000 clients face to face and another 34,000 in hotline and prevention services this year. Thank you for your support of this important work.

Sincerely,

Neil F. Tilow,  
President/CEO

James C. Leonard,  
Chair, Board of Trustees

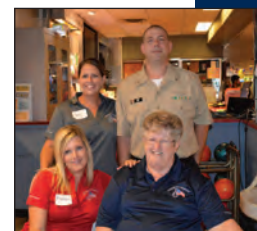


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## SHE'S GOT THE POWER

Teens are often known for their knowledge of social media, pop music, and the latest fashion trends. As it turns out, they're also full of great ideas for how to change the world. In fact, that fresh perspective may be the key to preventing teen drug addiction.

That's the idea behind Talbert House's Teens Empowering Community Change, an initiative funded by a grant from the Hamilton County Mental Health and Recovery Services Board.

The program is set up as a club, offering a unique leadership opportunity for students who want to make a difference in their school and their community.

Heather, a student at Norwood Middle School, initially signed up for Teens Empowering Community Change because she knew the club promoted leadership. "I instantly knew I wanted to join," she says with enthusiasm. "At first, I thought we'd get stuff done, like solving problems: stray animals, homeless people, stuff like that."

Instead, Heather and her teammates were asked to identify issues facing Norwood teens and to create an action plan for how to help. By doing so, the club members and their fellow students can build resilience, a crucial skill that can help them bounce back even during tough times. It's a skill some experts believe may be the missing link needed to prevent substance use.

During the first two weeks of the club, students discussed issues impacting Norwood teens: the need for tolerance and understanding of diversity and difference, the need

for adult support and understanding of youth issues, and the need to value youth identity and self-expression in their community. Club members were trained as Youth Organizers using the

Teens Empowering Community Change model, conducted research to identify top priorities, and went to work on their goal. "We're raising awareness about issues people normally wouldn't care about and getting people enthusiastic about them," Heather says.

**"I'm more willing to do what's right and be a leader. Teens Empowering Community Change has gotten me really excited."**

One project the Youth Organizers developed was a guide designed to help parents understand what they should know about raising teens and mental health and addiction issues. To learn more about students' opinions on bullying, diversity, and family/school connectedness, club members created a survey with the help of a Miami University doctoral student. They even filmed a video to encourage student participation in the survey.

From Heather's perspective, Teens Empowering Community Change has been a huge success. "We're actually doing some good in the community," she says. "My mom is ecstatic that I'm in the program. She knows I'm doing some good."



**"My mom says I'm more confident and proud of myself."**

**HEATHER**  
- NORWOOD MIDDLE  
SCHOOL STUDENT

## DISCOVERING THE TOOLS FOR CHANGE

When you meet Steve Pullins, he is the picture of health: strong, fit, younger-looking than his 57 years. He has the kind of smile that lights up a room.

And yet.

For years, Steve has struggled with an addiction that's been difficult to shake, but it's also taken him on a journey for which he's surprisingly grateful.

Steve's certainly not alone. In fact, the National Center on Addiction and Substance Abuse says that 1 in 7 Americans – or 40 million – have a substance use problem. That's more than double the number of Americans fighting cancer.

Steve's path to addiction started early. At 13, he experimented with marijuana and snuck beer from his family's refrigerator. By high school, he'd progressed to harder drugs and became addicted. When he couldn't support his habit, Steve resorted to crime and eventually landed in jail. After prison, he made his way to Spring Grove Center, a Talbert House reentry program. "My life came together at Spring Grove," Steve says.

**"Talbert House gave me new tools, and I found out I could look at life differently."**

Steve successfully completed the program, got off parole, lived with his family and had a job. But over four years Steve relapsed twice and ultimately found his way back to Talbert House.

At Parkway Center, a Talbert House facility for homeless men, Steve had access to transitional housing, substance use services, and assistance in finding permanent housing and employment. "The sincerity and passion that they (Talbert House) have for people like me...allowed me to open up and feel the difference," says Steve.

Steve got back on track, and his Talbert House case manager eventually approached him about becoming a Resident Manager of a sober living program. The role would give him the chance to mentor other men in recovery. He accepted. Steve says, "I felt so blessed to take on that responsibility."

As Resident Manager at Section Center, Steve gives residents a safe space to open up about their struggles. "Whenever I see anyone going through what I went through, my heart just pours out to them. I just want to give them any kind of help in any kind of way. I can make a difference in someone else's life," says Steve. "The guys talk about how much I help them, but they help me, too. It's them who make me who I am today."

While Steve wishes he hadn't started using drugs, he recognizes his journey has served a purpose. "Had it not been that way, I might not have been able to help someone [with their addiction]. I have such a passion for this, and my family is so proud of me," he says. "Anything I lost has been regained, and I have Talbert House to thank."



**"Parkway Center was the ultimate turnaround in my life."**

**STEVE**  
- RESIDENT MANAGER  
SECTION CENTER



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1 - denotes Gift in Kind  
2 - denotes 21st Century Society Member  
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YEAR IN REVIEW - RECOGNITION

Awards Received

- Definity – Fearless Frontline Leader Award Finalist: Mary Ann Pope
- National Center for Excellence & Innovation - The Innovation and Excellence Program of the Year Award Finalist: Talbert House Wraparound

Awards Given

- 2015 Richard Shenk Visionary Award: The Cohen, Holt, Shifman & Michelman Families
- 2015 Ernest Talbert Award: The Talbert Family
- 2015 Agnes Seasongood Award: Dr. Emil Dansker
- 2015 Community Service Award: Hebrew Union College, Presbytery of Cincinnati, and Archdiocese of Cincinnati
- 2015 Employee of the Year: Eric Neefus
- 2015 Outstanding Employees: Erika Rakel, Kelly Beck, Nathan Pubentz, Lois Wight, Natalie Williams
- 2016 Fathers of the Year: Buddy LaRosa, Ken Griffey Sr., and Brad Wallis

Events

- 50th Anniversary Celebration Gala & After Party
- Council on Child Abuse joins Affiliation
- Inaugural Pam McClain Scholarship

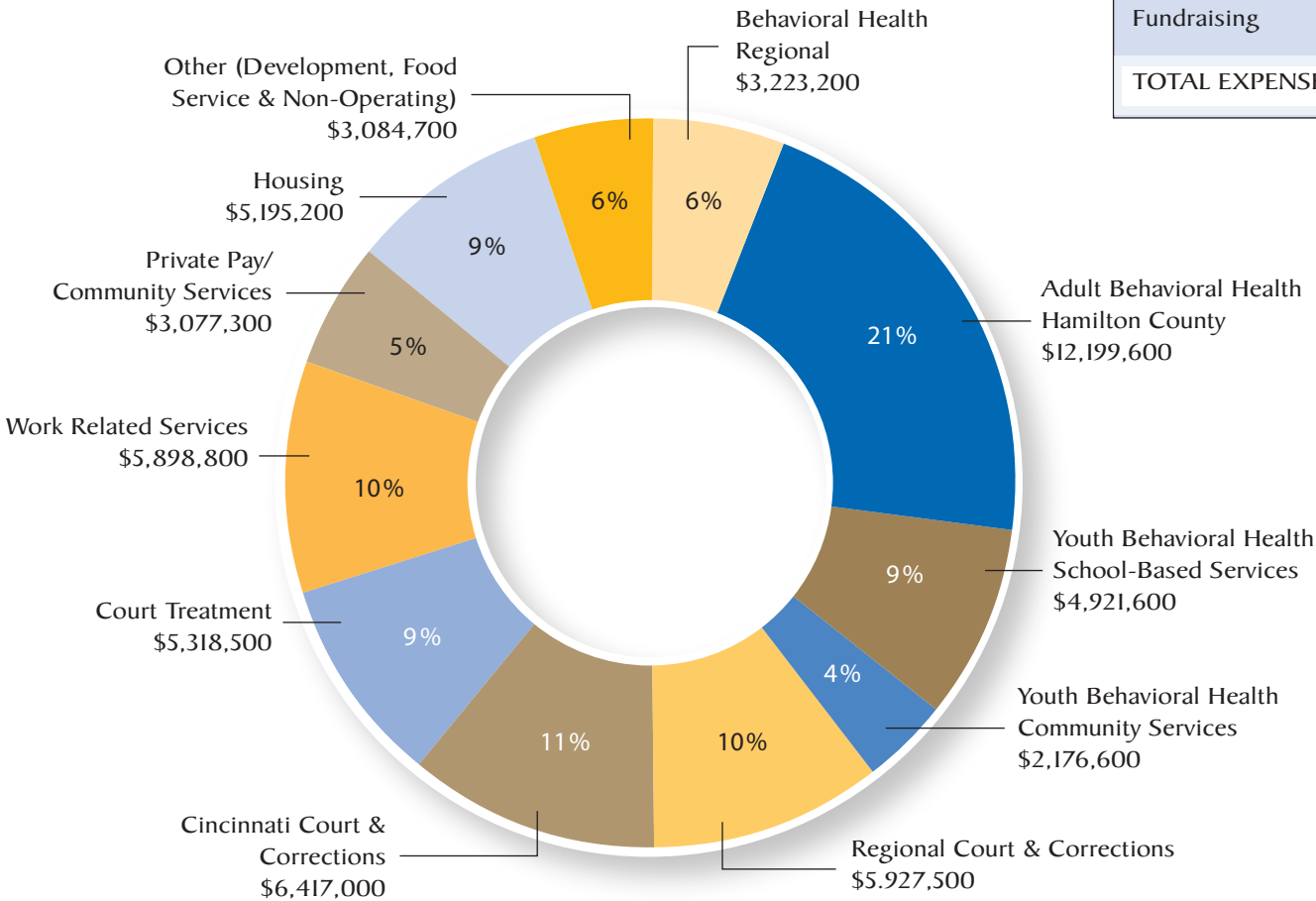
New Programs/Sites

- Summer Youth Employment Program
- Sober Independent Living
- The Walnut Street Health Center
- Treatment Transfer
- Parkway Apartments
- Deaconess Health Check



PROGRAM	AMOUNT	% of Total
Medicaid	\$11,005,200	20.75%
Ohio Department of Rehabilitation and Correction	8,670,500	16.35%
Hamilton County Mental Health and Recovery Services Board	8,605,900	16.23%
Hamilton County Department of Job and Family Services	5,650,900	10.66%
Hamilton County Commissioners and Courts	4,833,200	9.12%
Facility Governing Board of Butler, Clermont and Warren Counties	2,964,500	5.59%
Federal Bureau of Prisons	1,653,900	3.12%
Client Fees	1,593,800	3.01%
City of Cincinnati	1,504,500	2.84%
U.S. Department of Housing and Urban Development	1,138,000	2.15%
Southwest Ohio Region Workforce Investment Board	752,100	1.42%
Other Public Contracts	692,100	1.31%
U.S. Department of Veteran Affairs	525,700	0.99%
Strategies to End Homelessness	416,500	0.78%
United Way of Greater Cincinnati	407,300	0.77%
Medicare	404,900	0.76%
Brown County Board of Mental Health and Addiction Services	377,400	0.71%
Mental Health Recovery Services of Warren and Clinton Counties	306,300	0.58%
HealthSource of Ohio	238,200	0.45%
Butler County Educational Service Center	224,000	0.42%
Cincinnati Public Schools / Ohio Department of Education	187,800	0.35%
Hamilton County Developmental Disabilities Services	173,500	0.33%
Ohio Department of Mental Health and Addiction Services	171,800	0.32%
Butler County Children Services Bureau	112,900	0.21%
Ohio Office of Attorney General	109,700	0.21%
Butler County Mental Health and Addiction Services Board	80,100	0.15%
Hamilton County Juvenile Court	75,700	0.14%
Ohio Commission on Fatherhood	64,300	0.12%
4C for Children	49,500	0.09%
Clark County Department of Job and Family Services	24,400	0.05%
Ohio Rehabilitation Services Commission	12,100	0.02%
TOTAL PROGRAM REVENUE	\$53,026,700	100.00%

NON PROGRAM REVENUE	
Non-Public Funded Sources	\$711,800
Contributions	938,500
	54,677,000
Intercompany Revenue	2,564,253
TOTAL REVENUE	\$57,241,253
UNRESTRICTED NET ASSETS	\$14,938,800



Programs	\$51,570,200	89.78%
Administrative	\$5,237,400	9.12%
Fundraising	\$632,400	1.10%
TOTAL EXPENSES	\$57,440,000	100.00%





## ABOUT TALBERT HOUSE ●

Talbert House is a community-wide nonprofit that operates within five service lines:

- Adult Behavioral Health
- Community Care
- Court and Corrections
- Housing
- Youth Behavioral Health

Children, adults and families benefit from these proven services.

## OUR MISSION ●

To improve social behavior and enhance personal recovery and growth.



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